

## Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** You can get to Cowan Station (gps: -33.5938, 151.1717) by car, train or bus. Car: There is free parking available.

This is a return, so you will finish back at the start.

Find up to date and more information inlcuding; travel directions, weather, park closures and walker feedback at <a href="http://wild.tl/jb">http://wild.tl/jb</a>

## 0 | Cowan Station

(300 m 6 mins) From the front of Cowan station, this walk follows the GNW arrow up the concrete ramp, turning right to cross the track at the controlled 'Pedestrian Railway Crossing'. The walk follows the ramp onto platform 1 (Sydney-bound side) then around the shelter to follow the GNW arrow post right, down the steps and through the gate. Here the walk crosses the train lines (train storage area) and turns left, following the 'Brooklyn' sign along the wide management trail. After 130m, the trail leads past an electrical switching area then turns right at the large 'Great North Walk' signposts. Here, the narrower trail leads between the fences over a small rise to cross the freeway on a large, fenced concrete bridge.

## 0.3 | Freeway Bridge

(2.2 km 50 mins) Continue straight: From the overpass, this walk heads away from the freeway and down the wide track. The track leads down a series of timber steps, then over a small rise (among the scribbly gums) where the track begins to narrow and lead more steeply down a rocky section. The walk then heads down a series of timber steps (passing a 'Great North Walk' sign), and crosses a short section of timber boardwalk. At the other end of the boardwalk, this track leads left over a rock platform (with a small creek flowing after rain) and then turns right to step off the rock platform.

Continue straight: From the intersection, this walk heads downhill along the rocky track. The track leads past a few rock walls over about 350m, then turns right onto, then steps down off, a long thin rock platform. The track continues down along the side of the valley for another 200m, passing

into a much more lush and dense forest, where the track then crosses the creek at a large rock platform. On the other side of the creek, the track leads right down along the other side of the valley, passing a few small sandstone overhangs then a particularly broad angophora tree after about 500m. Soon after this angophora, the track leads down some rock steps then begins to widen for about 300m, and passes a small track (on your right) marked with a 'No Camping or fires allowed' sign. By this point, the broad waters (or mud flats, depending on the tide) of Cowan Creek are obvious, on your right. The walk now continues along the generally broad and flat track for another 500m, then climbs up a set of concrete steps, marked with a GNW arrow post. At the top of these steps is a large, fairly flat clearing with a 'No Camping' and a 'Great North Walk' sign and a great view up the middle of Jerusalem Bay.

## 2.46 | Jerusalem Bay

Jerusalem Bay, Ku-ring-gai National Park, is a nice bay east of Cowan Station. The bay is popular with bushwalkers as it is part of the Great North Walk. The bay is sometimes known for an iconic photo of the single palm in front of the water. The bay itself is also popular with boaters who can anchor in the bay. Jerusalem Bay can be accessed by the Hawkesbury River and Broken Bay or from Brooklyn or Cowan Railway Stations.

